

Flaky Cream Biscuits from She Makes and Bakes

Prep time: 30 minutes Bake time: 14-18 minutes at 450

2 tablespoons vinegar
1 cup cold heavy cream
1/2 cup cold butter
1 3/4 cup all-purpose flour
1 tablespoon sugar
2 1/4 teaspoons baking powder (2 3/4 teaspoons*)
1/4 teaspoon baking soda (1/2 teaspoon*)
1/2 teaspoon salt

Stir the vinegar into the cream and refrigerate it to keep it cold. Whisk the dry ingredients into a large bowl. Cut the *cold* butter into 1/4 inch pieces and add to the dry ingredients. Using your fingers or forks, work the butter into the dry ingredients until it resembles coarse crumbs. Add the cream mixture and stir until it forms into a ball. Turn the dough onto a clean surface and pat into a rectangle, leaving the dough about 3/4 of an inch thick. Fold the top edge of the dough down 1/3 of the way and fold the bottom end up like you're folding a letter (see below). Pick the dough up and place the smooth edge on the left (you'll be rotating it 90 degrees). Pat the dough into a rectangle and repeat the folding process. You'll do this a total of four times. After you've done 4 folds/turns, pat the dough into a rectangle about 3/4 of an inch thick. Using a pizza wheel, cut into 12 or 15 biscuits. Separate the biscuits, place them on a greased cookie sheet, and let them chill in the fridge for about 15 minutes while the oven is preheating. When the oven reaches 450 degrees, place the biscuits in the oven and bake for about 14-18 minutes or until the biscuits are golden brown. Let the biscuits cool for about 3 minutes before serving.

If you make these the night before you want to bake and eat them, place plastic wrap over the sheet pan and keep in the fridge overnight. Take them out of the fridge about 30 minutes before you want to bake them.

If you want to freeze these for later, place them on a sheet pan and freeze them for 30 minutes. After 30 minutes, remove them from the sheet pan and place them in a freezer bag. The night before you want to bake them, take them out of the freezer, place the biscuits on a greased pan, cover with plastic wrap, and let them thaw in the fridge overnight. Take them out of the freezer about 30 minutes before you want to bake them. You also can take them out of the freezer, place them on a greased baking sheet, and let them thaw on the counter for about 3 hours. Don't bake them while they're frozen or they won't bake/rise evenly.

***The baking soda and powder in parenthesis are adjusted for high altitude. The original recipe wasn't baking up tall enough for me, so I added a little more to both. Try the regular version first and if they're not tall enough, try the * version.**

Source: Peter Reinhart's Artisan Breads Every Day