

Easy Garlic Knots from She Makes and Bakes

Total time: about 20 minutes

Makes 12

One can of 12 breadsticks (reduced fat is great, too)

1/4 cup butter

1/2 teaspoon garlic powder

1/4 cup grated parmesan cheese

Open the can of breadsticks, separate the pieces, and tie them into loose knots. Place on a baking sheet and bake according to the instructions on the can. Meanwhile, combine the butter and garlic powder in a microwave-safe bowl and microwave until butter has melted.

Once the breadsticks are baked, dunk them one at a time into the butter. I have found that using a pair of tongs saves your fingers from feeling like they'll burn right off. Flip them over so they're covered everywhere with the butter. Place on your serving plate, and when they're all dunked, sprinkle with the parmesan cheese. Feel free to use more or less cheese based on your preference. Serve warm.

A She Makes and Bakes recipe